



## Mother Goose Chiropractic

3358 Woods Edge Circle #103  
Bonita Springs, FL 34134

### New Patient Information

Full Name: \_\_\_\_\_ Date: \_\_\_\_\_

Names you go by (Nicknames): \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Primary Phone #: \_\_\_\_\_ Best time to call: \_\_\_\_\_

Employer: \_\_\_\_\_ Work Phone #: \_\_\_\_\_ Occupation: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Number of Children: \_\_\_\_\_ Ages of Children: \_\_\_\_\_ Referred by: \_\_\_\_\_

Marital Status: S M D W SEP Name of Spouse/Partner: \_\_\_\_\_

Name and number of person to contact if we cannot reach you: \_\_\_\_\_

**Do you live here full time or seasonal?** \_\_\_\_\_

**Any impending vacation or travel plans? Yes No**

The practice of chiropractic is based upon the location and adjustment of vertebral subluxations. These spinal subluxations are caused by any stress to which your body cannot adapt. These stresses may be **physical, chemical or emotional** in nature.

### Health Information

What brings you to our office today? \_\_\_\_\_

When did this condition begin? \_\_\_\_\_

Is this condition getting worse? Yes No How do you rate the pain from 1 (least) to 10 (severe)? \_\_\_\_\_

Type of pain (circle): Achy Tight Tense Sharp Stiff Stabbing Throbbing Burning Tingling Numb Dull

Nature of the pain (circle): Constant Frequent Intermittent Episodic

What makes the pain better? \_\_\_\_\_

What makes the pain worse? \_\_\_\_\_

Does your pain interfere with (circle): Work Sleep Recreation Activities of Daily Living Everyday Life

Have you seen anyone for this condition? \_\_\_\_\_

Is this condition job or auto accident related? \_\_\_\_\_

List any other complaints/pains? \_\_\_\_\_

Supplements you're currently taking. \_\_\_\_\_

Medications currently taking and what for? \_\_\_\_\_

How do you rate your physical health? Excellent Good Fair Poor



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Do you exercise regularly? \_\_\_\_\_

Do you have any chronic illnesses? \_\_\_\_\_

List any surgeries you have had: \_\_\_\_\_

List any accidents/injuries/broken bones: \_\_\_\_\_

Do you have any congenital disorders? \_\_\_\_\_

Did you have any childhood illnesses or injuries? \_\_\_\_\_

### **Lifestyle and Habits – Please list amounts of each:**

Coffee/Caffeine: \_\_\_\_\_ Alcohol: \_\_\_\_\_ Non-Caffeinated fluids/Water: \_\_\_\_\_

Tobacco: \_\_\_\_\_ Exercise: \_\_\_\_\_ Sleep: \_\_\_\_\_

Have you ever received Chiropractic care? Y N If yes, your Doctor and where? \_\_\_\_\_

Approximately how long were you under care? \_\_\_\_\_ Date of last visit? \_\_\_\_\_

Why did you stop? \_\_\_\_\_

### **Pregnancy History**

Were there any difficulties or irregularities of your menses prior? \_\_\_\_\_

Were there any difficulties getting pregnant? \_\_\_\_\_

Due date/week \_\_\_\_\_ I am in my: \_\_\_\_\_ week of pregnancy.

Pre-pregnancy weight: \_\_\_\_\_ Current weight: \_\_\_\_\_ Height \_\_\_\_\_

Childbirth caregiver(s): OB/GYN \_\_\_\_\_ Doula \_\_\_\_\_ Midwife \_\_\_\_\_

Last visit to caregiver \_\_\_\_\_ Care giver name and phone # \_\_\_\_\_

I plan of giving birth at: Hospital \_\_\_\_\_ Home \_\_\_\_\_ Birth Center \_\_\_\_\_

Name of Hospital or Birth Center: \_\_\_\_\_

Any ultrasounds performed? If yes, how many? \_\_\_\_\_

Any traumas during this pregnancy? If yes, please explain: \_\_\_\_\_

Any hospitalizations during this pregnancy? If yes, please explain: \_\_\_\_\_



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Any medications during this pregnancy, including over the counter medication? If yes, please explain: \_\_\_\_\_

Any fertility treatments? If yes, please explain: \_\_\_\_\_

Any other information about your pregnancy we should know: \_\_\_\_\_

### After 32 Weeks

Position of baby: Head down \_\_\_\_\_ Posterior \_\_\_\_\_ Breech or malposition \_\_\_\_\_

Confirmed by: \_\_\_\_\_ Location: \_\_\_\_\_

Palpation by: \_\_\_\_\_ Date: \_\_\_\_\_

Ultrasound by: \_\_\_\_\_ Date: \_\_\_\_\_

How long do you believe baby has been in this position? \_\_\_\_\_

### Previous Pregnancies/Births

Did you have chiropractic care during any previous pregnancies? Please circle one: Yes or No

# of previous pregnancies: \_\_\_\_\_ # of previous births: \_\_\_\_\_

Please explain any discrepancy: \_\_\_\_\_

Name and ages of children: \_\_\_\_\_

Your previous births were at: Hospitals \_\_\_\_\_ Home \_\_\_\_\_ Birth Center \_\_\_\_\_

Medications used in prior births: None \_\_\_\_\_ Pitocin \_\_\_\_\_ Epidural \_\_\_\_\_

Interventions used in prior births: Breaking of water \_\_\_\_\_ Vacuum \_\_\_\_\_ Forceps \_\_\_\_\_ Episiotomy \_\_\_\_\_

How long was your previous labor? Total \_\_\_\_\_ Time before you pushed \_\_\_\_\_

Time you spent pushing: \_\_\_\_\_

### Additional Information

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Patient Signature

Doctor Signature



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## Health History

<p><b>General</b></p> <p>___ Chills</p> <p>___ Depression</p> <p>___ Dizziness</p> <p>___ Fainting</p> <p>___ Fever</p> <p>___ Forgetfulness</p> <p>___ Headache</p> <p>___ Loss of sleep</p> <p>___ Nervousness</p> <p>___ Sweats</p> <p><b>Eyes</b></p> <p>___ Crossed eyes</p> <p>___ Double Vision</p> <p>___ Vision flashes</p> <p>___ Vision halos</p> <p>___ Vision blurred</p> <p><b>Ears/Nose/Throat</b></p> <p>___ Ear ache</p> <p>___ Ear discharge</p> <p>___ Ringing in ears</p> <p>___ Loss of hearing</p> <p>___ Hay fever</p> <p>___ Sinus problem</p> <p>___ Nose bleeds</p> <p>___ Bleeding gums</p> <p>___ Hoarseness</p> <p>___ Difficulty swallowing</p> <p>___ Persistent cough</p> <p><b>Respiratory</b></p> <p>___ Shortness of breath</p> <p>___ Cough</p> <p>___ Distress</p> <p>___ Sputum</p> <p><b>Genito-Urinary</b></p> <p>___ Blood in urine</p> <p>___ Frequent urination</p> <p>___ Lack of bladder control</p> <p>___ Painful urination</p> <p>___ Venereal disease</p> <p><b>Endocrine</b></p> <p>___ Weight gain</p> <p>___ Weight loss</p> <p>___ Hoarseness</p> <p>___ Heat Intolerance</p> <p>___ Cold Intolerance</p> <p>___ Breast Changes</p> <p>___ Hair Changes</p> <p>___ Extreme Thirst</p>	<p><b>Gastrointestinal</b></p> <p>___ Appetite loss</p> <p>___ Bloating</p> <p>___ Bowel changes</p> <p>___ Constipation</p> <p>___ Diarrhea</p> <p>___ Excessive hunger</p> <p>___ Excessive thirst</p> <p>___ Gas</p> <p>___ Hemorrhoids</p> <p>___ Indigestion</p> <p>___ Nausea</p> <p>___ Rectal Bleeding</p> <p>___ Stomach pain</p> <p>___ Vomiting - no blood</p> <p>___ Vomiting - blood</p> <p><b>Cardiovascular</b></p> <p>___ Chest pain</p> <p>___ High blood pressure</p> <p>___ Low blood pressure</p> <p>___ Irregular heart beat</p> <p>___ Poor circulation</p> <p>___ Rapid heart beat</p> <p>___ Swelling of ankles</p> <p>___ Varicose veins</p> <p><b>Women only</b></p> <p>___ Abnormal pap smear</p> <p>___ Bleeding between periods</p> <p>___ Breast lumps</p> <p>___ Extreme menstrual pain</p> <p>___ Hot flashes</p> <p>___ Nipple discharge</p> <p>___ Painful intercourse</p> <p>___ Vaginal discharge</p> <p>___ Other: _____</p> <p>Date of last menstrual period: _____</p> <p>Date of last pap smear: _____</p> <p>Have you had a mammogram? _____</p> <p>Are you pregnant? _____</p> <p>Number of children? _____</p> <p><b>Men only</b></p> <p>___ Erectile dysfunction</p> <p>___ Lump in testicles</p> <p>___ Penis discharge</p> <p>___ Sore on penis</p> <p>___ Other : _____</p>	<p><b>Integumentary</b></p> <p>___ Bruise easily</p> <p>___ Hives</p> <p>___ Change in moles</p> <p>___ Sores that do not heal</p> <p>___ Itching</p> <p>___ Unusual swelling</p> <p>___ Sores/Ulcers</p> <p>___ Rash</p> <p>___ Scars</p> <p><b>Neurological</b></p> <p>___ Seizures</p> <p>___ Vertigo</p> <p>___ Dizziness</p> <p>___ Hand Tremors</p> <p>___ Loss of sensation</p> <p>___ Loss of facial expression</p> <p>___ Weak grip</p> <p>___ Paralysis</p> <p>___ Difficulty of speech</p> <p>___ Tingling</p> <p>___ Loss of memory</p> <p>___ Numbness</p> <p>___ Un-Coordination</p> <p><b>Muscle/Joint/Bone</b></p> <p>___ Back pain</p> <p>___ Neck pain</p> <p>___ Arm pain</p> <p>___ Leg pain</p> <p>___ Hip pain</p> <p>___ Foot pain</p> <p>___ Shoulder pain</p> <p>___ Hand pain</p> <p><b>Psychiatric</b></p> <p>___ Hyperventilation</p> <p>___ Insecurity</p> <p>___ Depression</p> <p>___ Trouble sleeping</p> <p>___ Irritable</p> <p>___ Anxiousness</p> <p>___ Undecidedness</p> <p>___ Timid</p> <p>___ Hallucinations</p> <p>___ Loss of memory</p> <p>___ Alcoholism</p> <p>___ Drug addiction</p> <p>___ Extreme worry</p> <p>___ Sexual problems</p> <p>___ Suicidal thoughts</p> <p>___ Other: _____</p>	<p><b>Conditions</b></p> <p>___ AIDS</p> <p>___ Alcoholism</p> <p>___ Anemia</p> <p>___ Anorexia</p> <p>___ Appendicitis</p> <p>___ Asthma</p> <p>___ Bleeding Disorders</p> <p>___ Breast Lumps</p> <p>___ Bronchitis</p> <p>___ Breath Shortness</p> <p>___ Bulimia</p> <p>___ Cancer</p> <p>___ Cataracts</p> <p>___ Chemical dependency</p> <p>___ Chicken pox</p> <p>___ Diabetes</p> <p>___ Emphysema</p> <p>___ Epilepsy</p> <p>___ Glaucoma</p> <p>___ Goiter</p> <p>___ Gonorrhea</p> <p>___ Gout</p> <p>___ Heart disease</p> <p>___ Hepatitis</p> <p>___ Hernia</p> <p>___ Herpes</p> <p>___ High cholesterol</p> <p>___ HIV positive</p> <p>___ Kidney disease</p> <p>___ Liver disease</p> <p>___ Measles</p> <p>___ Migraine headaches</p> <p>___ Mononucleosis</p> <p>___ Multiple Sclerosis</p> <p>___ Mumps</p> <p>___ Pneumonia</p> <p>___ Polio</p> <p>___ Prostate problem</p> <p>___ Rheumatic fever</p> <p>___ Scarlet fever</p> <p>___ Stroke</p> <p>___ Suicide attempt</p> <p>___ Thyroid problems</p> <p>___ Ulcers</p> <p>___ Other: _____</p>
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**Medications:**

**Allergies:**